

JULY - SEPTEMBER

3RD QUARTER

NEWSLETTER



Full Life Empowerment Program

Our New Location

No. 18b Democracy Crescent,
Gaduwa Estate,
Gaduwa, Abuja



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TLP 2025

As part of the ongoing FLEP's Transformed Livelihood Project (TLP) 2025 implementation, more communities in different locations have been reached and we're glad to share this experience with you from these communities we have engaged in recent times.

TLP TRAINING IN ASAGA OHAFIA

30 participants in Asaga Ohafia Local Government of Abia State were engaged in a three day Entrepreneurship, Life skills and practical Agricultural (Goat and Tomatoes) training. This training was designed to inspire participants towards entrepreneurship and employment opportunities. All participants were empowered with tomato seeds, ensuring they could immediately put their learning into practice.

Feedback from the participants showed that they gained improved knowledge on modern farming methods, learned the value of accountability and discipleship for good moral living, and developed internal motivation to grow businesses with little resources.



Looking ahead, the newly emerging cooperative in Asaga will serve as a platform for growth, support, and further engagement. FLEP also plans to commence discipleship programs to nurture values alongside business skills. As part of the next empowerment phase, participants will receive goats to deepen their practical involvement in livestock farming. The TLP 2025 training in Asaga is not only creating economic opportunities but also building a community grounded in growth, faith, and long-term sustainability.



40 Youths Undergo Hands-On Business Training in Gwagwalada

July - Sept. 2025



As the Transformed Livelihood Project (TLP 2025) continues to reach more communities, Gwagwalada, a semi-urban area, has also come on board. Forty young people, including those already running small businesses and others interested in starting one, recently took part in a hands-on three-day entrepreneurship training. The sessions covered entrepreneurship concepts on Lean startup, value proposition and financial management.

Our objective during the training is to improve participant's entrepreneurial knowledge and capacity to run profitable businesses.

As part of the next phase, the participants will now begin "The Big Assignment" where they will run a sample business for a few months.



This practical step will prepare them for the second module of the training, help build real-world business experience and qualify them for the next phase of support and empowerment.

To our partners, Children's mission Africa and Barnmissionen, thank you for the support to make life better in Gwagwalada community.





WIDOWS IN SHEDA COMMUNITY TRAINED IN IMPROVED AGRICULTURAL PRACTICE

In Sheda community through the Transformed Livelihood project, FLEP trained 26 vulnerable widows on life skills, self-awareness, starting a cooperative, livestock (Goat & Bee), and crop (Tomato) farming.

These women from Sheda, having lost their husbands who used to be the breadwinners of their families now find it difficult to feed themselves, as their only source of income is peasant farming and trading of crops and foodstuffs like vegetables and 'garri'. Among the participants are women whose husbands are alive but struggling to feed their families.

The women shared how beneficial the training will be not just for them but also for their children and the larger Sheda community. As Mrs. Helen Kanu said, "My husband died since 1996 and left three children with me. Life has been tough and I have been doing petty business and selling food just like *"Mama put"* to feed.



Now, I have learnt how to take care of my goat by myself and farm tomatoes better. This will be of help to me. I will also teach my children these things I have learnt." Like other communities, these women have all received Tomato seeds and will later be empowered with goats and beehives. We are grateful to Children's Mission Africa for sponsorship and support.



FLEP'S BUSINESS AND MISSIONS TRAINING IN AKURE

July - Sept. 2025



Nineteen members of the Navigators' community in Akure, Ondo State, gathered for two days FLEP training on entrepreneurship and missions. They were taught on lean startup, customer development, motivation, personal financial management, and income statements. The aim was to encourage young people to build profitable businesses while also taking part in missions.

Ayo, a 400-level student of FUTA, shared his excitement, saying, "I never would've thought business and missions can complement each other." Others too also gained valuable lessons. Mrs. Motunde got new ideas for her online channel, Dundee Hacinto received helpful knowledge to improve his primary school in Angola, and Victor Akpagu found fresh direction for his media company.

The FLEP team plans to keep working with these participants in Akure raising young people who can carry the Bible in one hand and their business in the other. There is still so much to be done.

For support and partnership, contact us: +2348163751888 . Your support is welcome and highly appreciated.





Thrive Ahead Project **Unlocking Possibilities**

In May, FLEP Nigeria started the Thrive Ahead Project (TAP) by training six young ladies in digital and administrative skills. These ladies came from vulnerable places such as IDP camps and slum communities in Abuja, where opportunities are often hard to find.

For one month, they received both practical training and life skills mentoring. This helped them gain knowledge, confidence, and the right mindset to face real-life challenges and give back to their communities with purpose. After the training, they moved into internships where they are now putting their new skills into practice.

In July, a second group of four young ladies joined the project. They have completed their training and have also started internship in different organizations to keep learning and growing.

Some of the participants shared how much the project has changed them. Mercy Adeleke said, “I never knew I could learn things like graphic design and how to use a computer properly.



Now I can even help my classmates.” While Stella Chidemezu said, “I feel more confident now.” TAP is more than just training, it is about helping young people discover their value, develop their voice, and break free from the cycle of poverty. You too can lend your voice. For support and partnership, contact us: +2348163751888

 Royal Continental Hotel,
Wuse Zone 4, Abuja, Nigeria

**OCT 30 -
2 NOV,
2025**

**BUSI
NESS
CONFERENCE
2025**



EMPOWERED

Flea

BLESSING

For registration & enquiries contact: +234 901 828 6347

Non - Residents: N60,000 (\$40)
covers lunch and conference fee.

Single Lodging: N220,000 (\$150)
covers accommodation, breakfast, lunch and conference fee.

Shared Lodging: N140,000 (\$95)
covers accommodation, breakfast, lunch and conference fee.

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