

# Ladi Paul, a participant at the food distribution, food security and sustainability capacity building by FLEP Nigeria shares her heartwarming story - page 3

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# Our walk, through 2023 to 2024

2023 ended amazingly for FLEP. Before closing, there were some activities to wrap up the year. We all had the opportunity to evaluate all our activities carried out throughout the year and also counted our blessings thus far. As a way to celebrate, we had an internal thanksgiving party, which was packed with so many goodies and thrilling activities. It didn't only end with us as a team, we also visited and gifted several communities in celebration of the Christmas season to add smiles on the faces of many; we shared Relief items, School items, Clothings and other items across the following communities - Dagiri Bassa in Kwali Area Council in Abuja, Pigba Wasa IDP Camp Apo, Abuja; Angwan Miango Tudun Wada Jos, Adamawa and Bauchi through David John of Hope For All Charity Organization and Gwako community in Gwagwalada Area Council, Abuja. This is at the heart of why we exist – to empower people in communities through holistic development. This event led to our vacation and now we're back to the office to continue where we stopped.



*Distribution of food stuff at Dagiri Bassa, Kwali Area Council in Abuja*



*Group of women in Angwan Miango Tudun Wada Jos seated & ready to receive relief items from FLEP Nigeria*



*Continued from page 2*

It's a great year already and our mission to empower communities is ongoing with no waste of time. Our objectives are geared towards ensuring that people are transformed in communities, and we work to see transformed and empowered people in communities influencing society too. Like earlier mentioned, it's a fantastic year and FLEP is available and open to partnerships, collaborations, support and sponsorships in our thematic areas of Economic Empowerment, Health, Education and Advocacy.



*Group of pupils who received back to school items at Pigba Wasa IDP Camp Apo, Abuja*



*Hope For All Charity Organization in Adamawa State distributing food stuff & clothes received from FLEP Nigeria*

In Dagiri Bassa and Pigba Wasa communities, there is so much work to be done and lives to be touched. These communities lack basic amenities like water, quality education and quality health facilities. These communities are in the hearts of every FLEP team member and in no distance time, we are going there. Our utmost desire is to see that every one lacking is been taken care of either economically, educationally, health wise and also by inculcating sound moral values.

You too can join this movement of making these communities conducive for the lives there. You can make your support either financially or materially. Reach out to us via +2348163751888



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@flepnig

*Your donations will go a long way in meeting the needs of the needy and putting smiles on their faces*

DO YOU WANT TO BE PART OF A LIFE CHANGING & SUSTAINABLE EMPOWERMENT PROGRAMME?







# FLEP PRODUCTIVITY SESSION



To start the year and keep it running, FLEP on the 22nd of January 2024 had an engaging session titled FLEP productivity session. It was an energy booster and productivity enhancer involving all FLEP staff. The session was divided into two different aspects which included "The Stewardship of Time" and "Productivity". Mr Jonathan Hussaini spoke on The Stewardship of Time and shared how valuable time is and its importance. He also mentioned that stewardship is an active role that an individual holds while taking total control of his or her time as it pertains to vision and purpose in life and workplace.

## FLEP VALENTINE SPECIAL PHOTO EXTRACT 2024

Miss Tomi Komolafe, the CEO of FLEP Nigeria speaking on productivity identified ways we could add value to our lives and FLEP as an organization. The entire seminar was centered on building team members' capacity for high productivity.

It was a good way to begin 2024 on a high positive spirit with sound seminars so to have quality productivity through 2024.







**Ladi Paul, a participant at the food distribution, food security and sustainability capacity building by FLEP Nigeria shares her heartwarming story**

In line with FLEP's ongoing humanitarian support project that involves food distribution and school feeding in Kuchingoro IDP Camp Abuja, on Thursday 23rd February 2023, FLEP engaged the women in the camp in a capacity training on food security and sustainability. This activity was carried out as a sustainable holistic measure to make them more productive not just for themselves but for their families and society at large.

The women who are in the IDP Camp as a result of insurgency for more than 10 (ten) years were supported not only with food items (e.g., rice, oil, salt, tomatoes, Maggi seasoning) but were also empowered with different seedlings (okra, Hibiscus Roselle, green vegetable, pepper seedlings) for farming purposes. This is similar to not just giving them fish but also teaching them how to fish for sustainability and productivity. The women were introduced to Greenhouse farming and other forms of farming, and how they can properly manage and secure their food for both home and economic advantage.

The women in their large numbers expressed gratitude and according to many of them, "this came at the right time especially these days of harsh economy and hunger, we cannot thank you enough." In excitement, they prayed for more open doors.

For us FLEP, it was indeed a moment of offering selfless service & finding fulfillment.

According to Ladi Paul one of the participant who couldn't hide her excitement said; "From what I've learnt, it will help in reducing poverty drastically" This is not the end as there are more lives to be touched and transformed. And if you are willing, you too can be a part of this sustainable transformative project. We are available to receive your gift and to use it effectively in empowering families in IDP camps and underserved communities. Your donations will be highly appreciated.

Do you wish to donate on a monthly, quarterly or one-time basis towards any of our empowerment programs in FLEP, kindly send your gifts to:

**Bank Name: Guaranteed Trust Bank,**

**Name: Full Life Empowerment Programme,**

**Account Number: 0257558540.**

**Narration: FLEP Empowerment**

**For material donations & for further inquiries, please call 08163751888.**

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# International Day of Zero Tolerance for Female Genital Mutilation (FGM)



In Commemoration with the International Day of Zero Tolerance for Female Genital Mutilation (FGM) 2024 with the theme "Her Voice. Her Future. Investing in Survivor-Led Movements to End Female Genital Mutilation", Good Tides Foundation in partnership with FLEP Nigeria organized a sensitization program for the people of Pigba Wasa community in Abuja to educate and enlighten the people on female genital mutilation and its dangers which could at long-run, lead to death.

Female genital mutilation (FGM) is a traditional harmful practice that involves the partial or total removal of external female genitalia or

other injury to female genital organs for non-medical reasons. The speaker, Lois helped the community to see the dangers of FGM and its adverse effects on a female child.

Practices like FGM has only negative health effect with no positive health benefit and this should be discouraged at all levels. This is a call to collectively put an end to it and all forms of sexual abuses. These things can shorten a female's life span; the adverse effects of female genital mutilation are bleeding, excessive pain, and complications in pregnancy, menstrual pains and death. . FGM is just a traditional practice that has caused more danger to the female gender. The message is simple.

Say no to female genital mutilation and preserve a generation from dying untimely.





# Children of New Kuchingoro IDP camp excited as they receive free teeth treatment by TUHTI in collaboration with FLEP Nigeria to celebrate World Oral Health Day



To commemorate with World Oral Health Day, The Uzunma Happy Teeth Initiative(TUHTI) in collaboration with FLEP Nigeria organized a one day free sensitization and teeth treatment for the children of New Kuchingoro IDP Camp Abuja. This was in line with the new theme, "A HAPPY MOUTH, IS A HAPPY BODY" launched by World Dental Congress in Australia 2023.

More than a 100 children were present to receive a talk on oral care and oral health care services by the TUHTI team. They were not only taught how to care for their teeth but they also received free treatment by 10 doctors assisted by 6 FLEP team members.

Its worthy of note to state that 90 children went home with toothpaste to help them have "a happy teeth". It was a time well spent with the children of New Kuchingoro IDP Camp.







# FLEP NCG Sensitization at Navigators' Student in Mission Conference



FLEP advocacy team graced the 'Student in Mission' conference organized by The Navigators Nigeria. This visit was necessary to enlighten participants and create awareness about the No Corruption Generation (NCG) agenda. FLEP team had a special session where issues about NCG and how we can achieve a corruption-free society were deliberated upon. It was an all-inclusive sensitization session and participants also contributed on how to tackle corruption from all angles.

Remember, Change starts with you and the time is now!

*Question is, what can you do to advocate for or to see a No Corruption Generation?*

FLEP advocacy team is available for partnership as regards creating awareness and enlightenment to curb corruption in our society.

Reach out to our team on +2348068533129





# NEW PROJECT ALERT - TAP

We would like to share with you the **Thrive Ahead Project** (TAP), which began in March. The project aims to address the issues of unemployment and underemployment among young people, women, and children, as well as declining spiritual and social values. Some of the socio-economic challenges faced by these groups include generational poverty, limited access to formal education, joblessness among youths, and vocational skills but with a poor mindset on how to use them to overcome poverty.

All of these issues prevent these groups from accessing opportunities to utilize their ideas and energy throughout their lives. Therefore, this project seeks to address some of the problems faced in these communities by focusing on two main areas:

## 1. Education Empowerment and Integrity Clubs for Children (& Teachers)

We plan to empower two public or private schools located in rural or suburban communities in Abuja that are struggling academically. Our approach involves providing quality teachers to enable children to access quality education for 18 months and beyond with our sustainability plan. Our target students are primary/grade 1 to 5 children, and we will focus on the core subjects of Mathematics and English Language, which form the foundation for other subjects. We also plan to engage the school children in an integrity club where they will learn godly values and character.

## 2. Economic and Spiritual Empowerment for Young Adults

We aim to assist 40 young individuals in Badagry, Lagos state, who have specific skills but lack the necessary resources to kick-start their businesses. Our objective is to provide them with entrepreneurial training to bridge the gap in their knowledge. Additionally, we plan to offer at least 30 young individuals a business starter pack that contains all the necessary resources to launch their start-ups. In the New Kuchingoro IDP camp, we will support 20 women to improve their trade and farming businesses through cooperative society and Bible study activities. The women will receive starter packs/kits to boost their businesses, leading to financial independence and holistic development.

This program aims to enable individuals to establish their businesses, actively engage in society, train others, and earn a livelihood. This will help them transition from being unemployed to becoming business owners who are devoted to Christ and have a different mindset focused on living their lives for the glory of God. They will also spread the message of Christ among their families, peers, and communities.

The expected outcome of this project is to see people empowered with economic and life skills, leading productive lives, and meeting their needs and the needs of their families. We will keep you informed of project activities and ask for your prayers that the Lord's name may be glorified. May the Lord protect and give wisdom to the project team and stakeholders.





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## DONATIONS

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