

NEWSLETTER

JULY TO DECEMBER 2023

“we've not been able to get a bag, complete books and a mathematical set because of financial cost but FLEP made them available for free”

-Parents of pupils of Pigba Wasa IDP camp Apo expresses gratitude to FLEP



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C. E. O's Corner

Season Greetings.

Indeed, it has been an interesting year for the entire FLEP team. I hope it has for you as well. I want to appreciate the Board and Management of FLEP, for the privilege offered to me to take on the Leadership of FLEP in 2023, and for making it strong to the end of the year, I return all praise and glory to God Almighty!

I also want to appreciate everyone, who has made this journey worthwhile and possible. I do not take your support for granted and I pray that God Almighty will bless and keep you all in Jesus name.

2023 has been a YEAR of GROWTH for the team at Full Life Empowerment Programme – FLEP Nigeria, both physically and spiritually. Looking back through the Years, I am grateful for this Platform called FLEP, that is not only invested in serving people in communities, but a FLEP that is also interested in empowering its staff, with an enabling environment for growth, friendship and family.

We recorded a significant increase in our Operational capacity this year 2023, and I can say a few reasons to this, is as a result of increased human resource, increased financial abilities, and very importantly, hearts that were willing to give and serve.

There are three major guiding Principles that helped us in charting through this year and they are;

- Excellence in Self and Work – This was aimed at boosting individual and team deliveries; to serve as a reminder that there will always be room for improvement even after celebrating our wins along the way.
- Intentionality about Growth – This was a deliberate and practical effort to back up our improved living, giving and serving, so we can truly live dignified lives.
- Creativity and Adaptability – This was to keep us evolving, just like the world we live in.



Tomisin Komolafe
CEO-FLEP Nigeria

Just like any good course, we also faced some challenging moments as individuals and as a team this year. Every win had its own challenges; one major one being that an increase in human resource meant an increase in financial needs as well. And while the year went on, I am grateful to the Individual and Corporate body Donors who played a key role in financially supporting FLEP.

As a way to grow, we decided to broaden our resource mobilization techniques, so as to meet up with project and organizational needs, because in FLEP, we believe that the individuals are the organization, and we popularly say in Hausa language “Mu ne FLEP” which means “We are FLEP”; and this casual saying has become a lifestyle and mantra for the team, to increase ownership and participation in the work we do.

Despite the challenges, we are very hopeful of the new year 2024 and also certain that we will achieve our goals which are clearly stipulated in the newsletter and as you read through each page, you will understand our position in human development and in empowering people in our society. As a team, we have lives to transform and so much to achieve in 2024. Just like a tree can not make a forest, we also know that we need quality and substantial hands to walk through this journey thus, we are also open for collaborations and support as we thrive. We believe its a new dawn for us and we are not relenting.

Thank you all so much and have a Gracious Christmas and New Year celebrations ahead.

"I CAN MAKE CARPET GRASS FROM TEXTILE WASTE" SAYS HANNATU IBRAHIM

Mrs Hannatu Ibrahim, a mother of three (3) for three years has been a beneficiary of the program organized by a Clothing Brand – NKWO an organization who is key on preservation and environmental conservation in partnership with FLEP. The program seeks to empower women in the New Kuchingoro IDP camp, Abuja through training and production of traditional craft skills and converting waste, especially textile waste into crafts and clothing designs.

Before now, Hannatu has been jobless and her husband who used to be a practicing mechanic left his job and began farming crops in a rented land. According to Hannatu, she said she found herself lucky to be among the few selected for the skill training of making items from textile waste and learning how to make traditional crafts.

When asked what she has learnt and what she can do right now, gladly she mentioned that she can produce carpet grass (from textile waste), "Ashoke" and so many other crafts. Not just that, she mentioned that she has now understood how to keep and preserve her environment. Since the inception of this project, Hannatu and other women have been paid monthly allowance of 20,000 naira each and this payment is a collaborative effort between NKWO and FLEP Nigeria.

According to Hannatu, a lot of people and organizations have come to the IDP camp to train them on other skills, but none can be compared to the one FLEP is involved in. She also emphasized on how FLEP has contributed in their personal growth not just financially but also spiritually through the regular Bible study organized for them to better their lives.

To us, we are hopeful that Hannatu's development is not only a gradual one, but a holistic one.





An Overview of the OAK-3 Project

FLEP Nigeria will cease every opportunity to empower Communities so that those empowered will inturn influence the society. OAK-3 project is one of those measures put in place to reach out to communities to empower and cause positive change. OAK-3, it's an acronym for Outstanding, Ardent and Knowledgeable. This is the third edition as OAK 1 and 2 projects have adequately been carried out. OAK-3 Project began in July 2023 and has also successfully been carried out with two major empowerment programs in the out- sketch areas of Abuja - Gwako and Gwagwalada communities respectively.

Participants from Gwako and Gwagwalada communities responded in large numbers. Gwako training which was held from October through November 2023 had a total number of 69 participants. while Gwagwalada recently concluded in November 2023 had a total number of 53 participants.

Trainings have been completed in both locations and we are set to move unto the next stage of providing livestock (pigs and goats) to the participants and mentoring them on how to lead and live a better livelihood and development. The Project Manager, Mr Innocent Idoko in his capacity is ready for the next stage with support from the field team.

FLEP Nigeria as an organization is grateful to the participants and facilitators who took out time to be part of this knowledge sharing and enhancement. Most importantly to those who have supported this project of empowerment, FLEP is never ungrateful. All we desire is to see empowered communities also influencing society at large.

" FLEP has played a vital role in solving my situation" - Adeiza David

Adeiza David is currently doing his compulsory one year National Youth Service with Ark Organic Enterprises. Ark Organic Enterprise is an Agriculture-based organization in partnership with FLEP, to develop capacities of youths in Crop and Livestock farming for sustainable business and environment.

Adeiza has always had great passion for agriculture but he has never had farming experience before. At the opportunity of the OAK-2 Livestock & Entrepreneurship project, he came to be empowered and without a doubt, stood out and eventually became the group leader of his Livestock group of 6 persons, assisted by Mr. Justice who also cares for pigs in the farm.



He said he chose livestock because the orientation from the FLEP entrepreneurship training encouraged and inspired him to pick interest in agriculture. He said he chose to do livestock due to the fact his pigs will become an asset sooner or later. Aside from the monetary value, the waste products from the pigs can be used as Fertilizer which is an essential element in farming. As an industrial chemistry graduate, he is looking at the situation whereby he will be transforming these wastes into Organic and finished Fertilizer for farmers usage.

When asked what progress he has made so far and how FLEP has impacted him, these were his words:

"I have been able to acknowledge the fact that livestock farming is a very lucrative business in which one can venture into, especially, in a situation where the white-collar job is becoming scarce. Also, I have learnt about their feed production and the alternative types of food the pigs consume, their welfare and medication schedule. FLEP has played a vital role in solving my situation. I'm constantly being introduced to farming technics which opened my eyes to the fact that I don't need millions to start a farming business. I have learnt SWOT analysis, pig farming, startup skill, record keeping and leadership."

Numerical increase of FLEP Staff in 2023

The year 2023 began with four staff only and we are closing the year with eleven staff. The increase in staffing numerically has aided FLEP in boosting operational capacity.

This year, 3 staff gained entrance into FLEP from volunteering and 4 were independently employed. The most recent additions were in our Communications and Advocacy Functions in FLEP, with Mercy Okwoli and Elisha Shedrach in the Communications' department and Miss Confidence Edolor handling FLEP Advocacy Actions; one of which is the No-Corruption Generation Programme and Campaigns. This increase in human resource has really been helpful and crucial to our success rate in 2023.



*Elisha Shedrach & Mercy Okwoli
(Communications officer & adhoc communications staff)*



Confidence Edolor (Advocacy officer)

Hopes and Plans for 2024 by the CEO, Miss Oluwatomisin Komolafe

2023 has come to a close, and truly it's been a year with so many new challenges and new answers. Some of these answers we hope to explore in the coming year 2024. Very often, I would tell my team "Lead Yourself Forward", to encourage them that everyone on my team has the potential to be a Leader in his/her respective quarters and that we must all learn to put our best foot forward, even when no-one is looking at/or watching us.

In the year 2023, our organizational target was: *To boost FLEP Team Spirit, Leadership and Delivery capacity, and many of our organizational activities revolved around achieving this.*

In 2024, our organizational target is: *To standardize FLEP Operations and Systems for Strategic Positioning, Visibility and Holistic Delivery, and many of our activities will have this target as a basis for operations. However, I am well aware that unknown terrains come with a certain fear; hence as the team-lead, I am choosing to cast all cares and concerns on God, to provide, to preserve and to uphold His people and His work in FLEP, through the coming year and beyond.*

Some Key Areas that FLEP hopes to explore in 2024 are:

- Education Programs for Children in less-privileged homes
- No-Corruption Generation Programs in Communities and Schools
- Discipleship Programs in Project communities
- Impact Evaluation exercises of past Livestock and Entrepreneurship projects
- A sustainable approach for our Thrift Program

And we are open to collaborations to making these great impacts.

“we've not been able to get a bag, complete books and a mathematical set because of financial cost but FLEP made them available for free”

-Parents of pupils of Pigba Wasa IDP camp Apo expresses gratitude to FLEP

In a way to celebrate the yuletide season, FLEP on the 19th of December 2023 visited the IDP Camp in Pigba Wasa Apo Abuja to distribute 'back to school' packages to twenty five pupils in the school. The gift items given to the children include school bags, books and mathematical sets. This act goes beyond celebrating Christmas with the children thus, the choice of gift items.

FLEP as an organization desire that every child in Pigba Wasa is empowered and transformed holistically through this act and they are able to find learning easier as they journey through their educational life and inturn influence the next generation.

Mr Lawal who is refered to as the chairman of the school with four of the school staff expressed gratitude for the back to school packages and mentioned that learning materials have been an issue for the pupils for a long time resulting to so many of them dropping out from school. In his words, he said "with this packages made available, the pupils will be encouraged to do more in their academics."



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continued from page 6

Miss confidence a staff in the school said "the kids are willing to learn but most times they don't have the basic materials needed for learning hence, they roam on the street."

For us as an organization, this is just the beginning with the children in Pigba Wasa Apo IDP camp as their are different opportunities to meet the needs of these children aside giving out school materials. We are hopeful that in due cause we are able to do much more to sustain the educational systemwith the children to bring to them a lasting transformative and sustainable system.

NO CORRUPTION GENERATION (NCG)

When corruption is mentioned many look at the politicians but corruption can be found anywhere and everywhere from abuse of trust or position to child labour, money laundering, fraud, offering and receiving bribes, unfair trade/business transaction, tax evasion, election malpractice amongst others.

It is in this light, that FLEP sees the great need for change and a well-rounded approach to raise a generation of Nigerians who can recognize corruption in all its forms, fight against it and live life at its best. FLEP envisions a world where people's lives are transformed holistically. We believe that standing up for human rights and fighting corruption are crucial in achieving this goal. To this end, we have began the 'No Corruption Generation' (NCG) movement in Nigeria by strategically partnering with organizations and individuals while leveraging on their existing data, intellect and existing activities with children and youths within the Federal Capital Territory's communities in Nigeria. This movement seeks to inspire young Nigerians to lead lives of integrity, and to empower them to make the right decisions geared towards a No Corruption Generation.

The NCG Program kick-started with a virtual summit organized by Children's Mission with partners across the globe. The summit was to enhance the knowledge of all participants on the NCG projects as it is implemented by other countries. It was also to serve as training for capacity building.

This stage of the NCG program also require us to meet with stakeholders or potential partners to sell the vision, enter into agreements and exchange ideas that will benefit both partners. These partners include other civil society organisations, government agencies and private individuals.

In the coming year, NCG would be implemented in schools and communities. With the help of our partners, we'll reach more people and transform more lives. We intend to leverage on both the conventional media and social media as we spread the gospel of No Corruption Generation. Our direct target groups are children and youths while our indirect target groups include parents, teachers, community leaders etc.

From volunteering to becoming a full time Staff: The transformative journey of Idongesit

Volunteering often start as a selfless act of giving back to the community but for some, it transforms into a long-term commitment that transcends the boundaries of time and duty.

Idongesit Ben, came into FLEP as a volunteer. Her connection with FLEP started 11months ago when she decided to dedicate her time to support the organization community's projects. What set her apart and contributed to her retention amongst others was her unique skills, her willingness to help and also her ability to build genuine connections with the children as at the time of carrying out an ongoing health project then at the Kuchingoro health project, including effective communication skills which allowed her to understand the needs of the children.



Beyond the fulfilment of making a positive impact and serving with the team, her experience with FLEP became a catalyst for her professional development. She was provided with opportunities for skill building, workshops, leadership training and exposure to different facets of social work, enhancing her capabilities as a volunteer. As she continued to invest her time and energy in FLEP, she seamlessly integrated with the team. According to Idongesit;

"While I dedicated myself to the work, my experience also had a profound impact on my personal life, it brought a sense of purpose and fulfilment that exceeded my volunteering hours, and influenced me and my priorities. Today, I am the Administrative Manager in FLEP, a volunteering program which required only six months has shaped my life and given me a platform to continue building capacity beyond six months and most importantly I am able to contribute my own quota in building a better Nigeria."

Her story stands as an inspiration and it's a journey with FLEP which exemplifies the transformative power of volunteering and the practical realization of FLEP's vision which is "to see empowered and transformed people in communities influencing society". What started as a simple desire to contribute, turned into a lasting commitment that not only benefited her personal life but currently influencing societies.

A 50-NAIRA PLANTAIN CHIPS SELLER, NOW A PLANTAIN CHIPS DISTRIBUTOR WITH STAFF HE PAYS MONTHLY - THE STORY OF MOMOH OLUWASEUN ELISHA



Momoh's plantain farm

Momoh Oluwaseun Elisha a resident of Ondo state Ikare Akoko who got to know about FLEP through one of his Church members, he was one of the 67 participants of the Tripple "P" Entrepreneurship Project, and he also attended the project graduation in Abuja in the year 2022. Oluwaseun was into the production of plantain chips and never saw any prospect in the business until he met FLEP. He only did the business of putting food on his table and as such there was no dream of expansion for bigger revenue.

In an interview with Oluwaseun in his words he said:

"After I met with FLEP, the entrepreneurship training opened my eyes to begin to think of expanding my business. Before, I had to go to the market to buy plantain but right now,

it's no longer that way I now have a plantain farm. I used to sell 20 naira and 50 naira per pack but right now, I package plantain chips in containers and sell them at a better price. Also, I now have four employees - three youths below thirty (30) years and one adult woman above forty (40) years. I pay three of the youths who package and sale for me ten thousand naira monthly while I pay the adult woman fifteen thousand naira monthly."

I am indeed grateful to God almighty who caused my path to meet with FLEP. My life has totally changed. Thank you"

It will be right to say Mr Momoh is now a distributor of plantain chips as he is not just a retailer, couple with the fact that the business has grown bigger after his contact with FLEP Nigeria.



Momoh's employees frying and packaging plantain before sales

TESTIMONIES FROM FLEP CLOTHING DONATION DRIVE – KABBA, KOGI STATE

One of our top programs in FLEP is our regular Donation program of clothing, household items, and essential materials that aid living. Prior to 2023, FLEP would simply receive and donate items to persons and communities in needs; however in 2023, we decided to take this program a little higher by adding more value to it.

We introduced a Thrift Program, and a Sponsor program to other smaller/upcoming groups.

Currently the donations we receive in FLEP, serve 3 purposes;

1. For our Thrift program which is always directed towards supporting a particular cause, in Education, Health or Economic Empowerment.
2. To gather materials to support growing organizations or groups to carry out outreaches in their communities
3. To directly support less privileged groups amongst and around us.

During the 2022 Clothe Donation Drive, with Pastor Jerry Green, a Redeemed Christian Church of God

(RCCG) pastor who is doing missions in a community in Kabba Local Government Area of Kogi state, we celebrated the 2022 Christmas with the people in the community where he is serving. FLEP

supported with bags of clothe items donated by individuals and groups to support the Christmas outreach. Below is the feedback from one beneficiary of the clothe donations.



Mrs Sandra and her children

Sandra is a 33-year-old mother of 4, as she and her young children all benefited from the clothes. Her husband doesn't attend our church, but he came to express thanks for FLEP's clothing donations. In his words -" This shoe my daughter got is high quality, it will serve her for school as I was not ready to buy any shoe until I settle their fees". Sandra Momoh, and the children, are one of the biggest beneficiaries of the clothe donation we received.

In 2023, our Donations has spread across different locations in Nigeria.

We supported a new Organization in Adamawa with clothing items for an Orphanage home

We directly donated items to some widows in Jos, Plateaus State

We directly donated items to an Orphanage Home in Gwako FCT,

We directly donated items to children and families in Wassa IDP camp and Dagiri Bassa in FCT

We sold some items as a part of our Thrift program

With these new developments, we are very excited to see how much more we can do through our Donation programs, and we're open to the possibilities 2024 will offer.

"I WITNESSED A TRANSFORMATIVE JOURNEY SINCE JOINING THE FULL LIFE EMPOWERMENT PROGRAM MENTORSHIP..." - PETER UTIBE



Peter Utibe at his poultry farm

Peter Utibe who just finished his NYSC this November 2023 joined the OAK- 2 Livestock and Entrepreneurship training while he was still serving, and his life has not remained the same after meeting FLEP Nigeria. According to Peter, he has always been nursing the desire to become a great farmer. These are his words:

"I witnessed a transformative journey since joining the Full Life Empowerment Program mentorship and support at Gedegede, Ondo state. It has helped me overcome challenges and gain clarity in agricultural enterprise in general. During the mentorship by Mr Noah the CEO of Ark Organic Enterprises Farms, we were exposed to how livestock farming and crops farming can go hand in hand. I now navigate life with newfound confidence, achieving goals that once seemed out of reach. Grateful for the positive impact it has had on my personal and professional growth."

"The Full Life Empowerment Program has truly made a positive impact on my life. It provided me with valuable tools and support that guided me through challenges, leading to significant personal growth. I feel more empowered, confident, and equipped to tackle life's hurdles. Grateful for the transformative experience and the positive change it has brought into my life, I will make huge use of this great opportunity to expand my knowledge and upgrade my financial status. Business is the order of the day; I want to be a successful business owner in the food sector to also make impact in life."

When asked What progress he has made now, he said he has dedicated considerable effort to enhancing his agricultural skills, actively seeking opportunities for learning and growth in this field. This commitment reflects his genuine desire to improve and excel in agriculture. He further stated that he has started a small poultry farm to sell matured chicken by this December festivity. And, he has started offering training on poultry farming and believes it will also generate income in the long run for him. Peter Utibe outlined some skills from FLEP he has used in solving problems and they include social entrepreneurship, Leaning startup and record keeping.

FLEP transformative activities at the Kuchingoro IDP Camp Abuja

For more than two years, FLEP has been engaging the people in the New Kuchingoro IDP camp especially women and children through economic, health and education interventions.

This year 2023, we have engaged the women and girls through a Sanitation and Hygiene project and currently FLEP is carrying out a Humanitarian Relief Project which includes Food distribution, security and School Feeding. The project seeks to support women and their families by distributing food items, vegetable seedlings and develop their capacity in food sustainability and security as well. It also seeks to support children with lunch in school (3 times a week) which is still on going and recruit volunteer teachers. This is to encourage the children to remain in school, to reduce the number of out of school children and to enable them assimilate what they're taught in school.



All of these efforts are geared towards empowering the IDPs to become individuals who will be able to support their families enough to integrate back into the society. Our work at the New Kuchingoro IDP camp is still on up until this moment and our desire is to see them become people who are holistically developed enough to leave the IDP camp, have enough economical strength to cater for themselves and their families, and people who are being transformed by the power of Christ.

Efforts are being made to sustain all of these projects and you too can be a part of it by supporting through the following:

1. Discipleship activities.
2. Volunteer teachers at the school
3. Volunteer Nurses.
4. Finance

You can donate for this Development course in the camp, Through the account details below.

Bank Name: Guaranteed Trust Bank
Name: Full Life Empowerment Program
Narration: Kuchingo IDP camp project
Account Number: 0257558540
You can call us directly: 08163751888

2023 HIGHLIGHTS



We had our Office opening & Fundraising in August 2023



In January 2023, FLEP witnessed a new leadership transition from Mr Jonathan Hussaini to Miss Oluwatomisin Komolafe



We received the Sweden Mission Council (SMC) at FLEP's office November 2023



Children's Mission Africa (CMA) visits to FLEP in September 2023

Other major highlights in 2023 include;

1. The Africa Learning Journey in Nairobi for Leaders of CM-CMA partner organizations, and which was very timely and aided the ongoing Leadership transitioning in FLEP in the first quarter.
2. Our first independent fundraising Event in FLEP, aimed at furnishing our Office space.
3. The 4 months intensive training offered by CMA on Programs Management and M&E which really strengthened our capacity as an organization on our Programs implementation and need for Impact Evaluations in the coming year.
4. Exploring new streams of income that aided expansion of our work.

5. Community assessments and surveys in 2 new and potential project states, for 2024.

6. The visit by Philip, Denise and Faith from CMA, in September which was also a big encouragement to myself and to my team, because it was a ground to also connect and to build friendships.

7. The visit from SMC and The Leprosy Mission – their partner organization

8. New friends and partners across organizations and NGO networks.

Indeed, the year was a Year of Growth for FLEP

Gratitude to all stakeholders (Partners, Donors, Participants, Board, Navigators, Team, etc.)



Team FLEP Nigeria

FLEP wishes to say THANK YOU to;

- The Navigators Nigeria family for your Guidance, Prayers and Support;
- To Children's Mission and Children's Missions Africa family for your friendship and Resources of all kinds Time, Material, Financial, etc.)
- To FLEP Board, for providing genuine Governance and Support through the year;
- To Individual Donors who did not give up but faithfully kept to their pledges and donations all through the year;
- To Volunteers and Field workers who teamed up with us to actualize our Mission on a daily basis;
- To Organizations who partnered with us locally to implement Interventions and those who reached out to us as well;
- To our Participants who allowed us to serve them;
- To our family and friends for your encouragement and love all through the year;
- And to every other person/organization that contributed to a great 2023 for FLEP.

I hope that we contributed as much to you and to your course as well!

2023 has been a great year, and the FLEP team is certain that 2024 will be an even GREATER YEAR!



MAKE A DONATION



EVERY ACT OF GIVING CHANGES LIVES

MOST NEEDED ITEMS (CHILDREN & ADULTS):

-  FOOD ITEMS
-  CLOTHES
-  SHOES
-  KITCHEN UTENSILS
-  OTHERS

SEND YOUR DONATION TO:



H64C, DRIVE 1, PRINCE & PRINCESS ESTATE, KAURA/GUDU, ABUJA, NIGERIA



08163751888, 08187989075

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